



Name: _____

Role: Athlete Partner

Phone: _____

Email: _____

Mailing address: _____

Individual Skills Competition

Dribbling

(Record points. Refer to chart)

Score _____

Dribble Time (Seconds)	Point Score
5-10	60 points
11-15	55 points
16-20	50 points
21-25	45 points
26-30	40 points
31-35	35 points
36-40	30 points
41-45	25 points
46-50	20 points
51-55	15 points
55 or more	10 points

Shooting

(Add all 5 attempts and record total below)

Score _____

Goals Made	Point Score
5	50 points
4	40 points
3	30 points
2	20 points
1	10 points
0	0 points

ISC Total Score:

(Add both skills scores to get total)

Individual Juggling Score: _____ (best of 10 attempts)

Unified Team Competition - Juggling

Team Name: _____

Team Member Name

Athlete Name: _____

Ind. Score: _____

Athlete Name: _____

Ind. Score: _____

Athlete Name: _____

Ind. Score: _____

Partner Name: _____

Ind. Score: _____

Partner Name: _____

Ind. Score: _____

Total Team Score: _____

