



How many times can your team juggle a soccer ball?

Equipment Needed:

- Soccer ball
- Score card

Rules:

- Team of 5
 - Unified (3 athletes/2 partners)
- Juggle as many times as you can until the soccer ball hits the ground
- You can have 10 consecutive turns of juggling and record your highest score
- No hands or arms
- Can use knees and feet and head
- Record your score individually
- Add up your team's score
- Send in the final team score

Modifications:

- Lighter soccer ball (beach ball/volleyball/kick ball)

